

Winter 2020
Vol 11 Issue 1

Editor: Keith Price
Design: Lauren A. Koenig

KAHSHE KRIER

KLRA Official Newsletter



Chris Miller

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Nason Markwell

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EDITORIAL

February 2020



I sat down to write this, the first editorial of what I expect to be my last year as Editor of the

Kahshe Krier, I really had no idea of what to write about. So I went back to the beginning, to my first editorial in the Spring '09 issue of "Kahshe NewsKlips" (my first suggested name for the newsletter). I was pleasantly amazed to find that I had urged members to opt for a digital version of the newsletter 11 years ago.

A few members actually did opt in immediately and the number of digital recipients gradually grew to 90%, especially once we began charging for the cost of mailing hard copies, beginning in Jan. 2017. Three years later we are now 98% digital and will be 100% by the end of 2020.

The advantages of digital touted back in '09 were listed thus e-mailing saves paper; will be in full colour, which is cost-prohibitive for hard-copy mailings; costs nothing – if all members opted for this delivery system, the KLRA would save a considerable amount of money which could be used to support and promote other activities, events and projects on the lake. These are still the main reasons for going digital and I am happy that, with the help of Lauren Koenig, my Design and Layout Editor, we will have reached this digital-only stage before my tenure end. So what happens in 2021? Hopefully one of you will step forward to take on this demanding, but very rewarding task.

**WANTED: Newsletter Editor,
one position available, apply within.**

Demanding, because the commitment to produce three informative and entertaining newsletters each year requires hours of working under pressure as each deadline approaches. Rewarding, because you are constantly in touch with what is happening on and around the lake, you get to meet and befriend far more Kahsheites than you would ever do under normal circumstances, and you have the satisfaction of knowing (hoping, at least,) that you are making a worthwhile contribution to the Kahshe Experience.

I have thoroughly enjoyed my 12 years as Editor and hope that someone will be inspired to take the Krier into the next decade. Please know that I will be more than willing to help my successor just as my predecessors, Karen and Doug Paul, helped me through my first few issues. If you are interested, please let me know

One last word! Please get involved with the ongoing Bin Transition situation. The more voices we have the better. Complete the survey at EngageMuskoka.ca.



To a prosperous 2020,

Keith Price

Keith Price
Editor-In-Chief

keithonkahshe@bell.net

LETTER FROM THE PRESIDENT



The first newsletter for 2020 contains some informative and very important information.

The District of Muskoka Waste Management plan was told by the Province to remove 88 long-standing, unsupervised bins for non-compliance with provincial requirements. We have five bin locations on the lake. The bins at Rockhaven and Denne's Marina, (within 15 meters of the shore), have been removed. Close to 300 water-access cottagers (on islands or mainland with no road) will be impacted very negatively by this change. Having a KLRA membership provides a voice at the District council and town meetings. We are there supporting you and working diligently with the district and town for the best solutions for those affected.

Please read Cathy Dunphy's important message in this Newsletter for complete up to date information.

Many of you are concerned about the quality of the water on a Kakshe Lake. To help keep everyone current we plan to add a new web site tab in 2020 for "Water Quality." The Love Your Lake program was completed on Kakshe for each cottager shoreline this past summer and you should be receiving your report over the winter.

The 50/50 Ice Out Contest will happen again this winter. It's a fun event to participate in and you can see the elevated boat used in the contest on our website. Maybe you will even see the boat fall into the lake when the ice goes out? If you live year round at the lake or just stay a few days a month, I hope you have a great time snowmobiling, skiing, walking or just sitting by the fire.

Be safe, keep warm and enjoy the winter.



Sincerely,

Marg Taylor

**Marg Taylor
President, KLRA**

mt485848@gmail.com

2020 KAHSHE KALENDAR



Reija Rahikainen Boken

MAY

- **31:** Volunteer of the Year submissions due

JUNE

- **Mid:** Door and Dock Drop
 - AGM and events info delivered to your door or dock

JULY

- **11:** Annual General Meeting
 - 10am - 12pm
 - Opera House
- **18:** 59th Annual Housey's Rapids Picnic
 - 1pm - 5pm
 - Bass Lake Park
- **24:** Photo contest submissions due
- **25:** 12th Annual Kermit Long Kids' Fishing Derby
 - all day weigh-in, prizes @ 3:30pm
 - Denne's Government Dock

AUGUST

- **2:** 38th Annual Rockhaven Country Craft Show
 - 10am - 5pm
 - Rockhaven Inn
- **2:** Kahshe Photo Contest
- **8:** 16th Annual Kahshe Lake Regatta
 - 10am - 2pm
 - Nagaya Beach

SEPTEMBER

- **TBD:** Oak Road Cottagers' Association BBQ
- **6:** 16th Annual Jakestock
 - 8pm (dusk) - TBD



BINS NO MORE

By: Cathy Dunphy, KLRA Member-At-Large (input from Marg Taylor, Bob Reyburn, Steve Wild, April Drane, Robert Stiemer, Greig Holder)

Situation: Beginning this spring, there will be no waste disposal bins at Rockhaven Inn, Denne's dock or at Riley Lake. The bins at Denne's parking lot are being moved in late April, early May, 2020 to an as-yet unknown location. Operational bins in 2020 are on S. Kahshe Lake Road.

Why: A directive from the province's Ministry of the Environment, Conservation and Parks stated it is closing all 88 of Muskoka's waste transfer/bin sites. The sites are non-compliant and have been so for more than 20 years, according to Sec. 40 of the Environmental Protection Act (est. in 1990.) Not only are the bin sites non-compliant, but the Ministry has also noted that illegal dumping of items that include hazardous waste has been occurring at various sites. The Ministry is concerned about the potential human health and environmental impact because the sites are unsupervised. Since many of the bin sites are located at boat launches and marinas, the Ministry is also worried that the environmentally unsecured sites pose a risk of leaking into our lakes. All of the District's 88 sites will be decommissioned by April 30, 2023.

A risk assessment study completed by GHD Limited (consulting firm hired by the District of Muskoka), identified 25 high-priority sites requiring immediate action this spring. GHD highlighted a dozen sites that could benefit from mitigation; sometimes as simple an action as moving the site away from the water. However, Rockhaven, Riley Lake and Denne's Dock bin sites were tagged to be closed immediately, due to the locations being close to the water and the extent of illegal dumping.

Where do I take my garbage for disposal now: We don't know other than the Beiers Rd. site. The District had not officially designated any alternative site for waste disposal and recycling. Politicians at both the district and town level have told the KLRA that they recognize that supervised alternate sites must be put in place for seasonal usage as early as Easter (Apr. 12).

What we do know: The District of Muskoka council is expected to vote on a motion to locate all alternate waste disposal sites within a 10 minute drive to and from the closed bin site involving a wait period of no more than 10 minutes.

- **Denne's:** Funding has been earmarked by the District for infrastructure for the bins from Denne's parking lot to prevent leakage. They will be moved but only slightly "in consultation with the property owner, town, cottage association."
- **Rockhaven:** The Ministry has rejected any alternate bin site on Rockhaven's grounds.
- **Riley Lake:** (with access from Muskoka 6, the road used by east side Kahshe Lakers and Bass Lake residents) There is a strong possibility, although no official confirmation, that a new waste disposal site and recycling depot will be located at the site of the old dump that was being refurbished last summer. That is on the west side of Housey's Rapids Road south of Witbeck Road. Area councillor Terry Pilger has told the KLRA he will be insisting the location be surrounded by a high chain link fence and, if possible, covered.

What can we expect to happen next: GHD Limited is working on an *Alternate Servicing Study* whose *Terms of Reference* will be submitted to the District on February 28th. This study is important as its stated purpose is to examine and evaluate various waste collection options for each of the 88 bin sites in Muskoka. The deadline for the *Terms of Reference* for this evaluation is February 28th. The report will be discussing options that may include (but are not limited to) the following stated alternatives:

1. Status quo – bins stay in place
2. Redirection to an existing, supervised drop-off waste site – district transfer station or waste depot
3. New supervised drop-off site advanced in the location of the existing bin site (transfer station or waste depot)
4. New supervised drop-off site to support the community surrounding the existing bin site or a number of bin sites in that area (transfer station or waste depot)
5. Extending curbside collection
6. Specialized collection methods along waterways such as barge or dockside collection
7. Utilization of special trailers or collection vehicles acting as "mobile bin sites"

There will be public meetings this summer to gauge public reaction to specific proposals for alternates to specific bin sites; dates and locations to be determined. The final report of the *Alternate Servicing Studies* will be submitted to the District by September 22, 2020 and the District has stated it will be submitting the final *Bins Transition Plan* for Muskoka to the Ministry of the Environment, Conservation and Parks by the end of November, 2020.

How can your voice be heard? Register with [EngageMuskoka.ca](https://engage.muskoka.ca) and complete the *Bin Site Transition Plan* survey. You have until the end of February 2020 to make your voice heard.

What has the KLRA been doing: We established an Ad-Hoc Committee to investigate the issue and work towards a viable solution. In November, Robert Stiemers, a member of the KLRA Bin Transition Task Force, made a Deposition to the District of Muskoka Council. On our behalf Robert:

- asked how a decision affecting one of the basic services available to boat access cottagers is so far along without either short or long term solutions (3 months later we are no wiser)
- pointed out that the KLRA is “eager to work with all parties to create alternatives”
- stated we do not oppose the directive from the Ministry of the Environment, Conservation and Parks because we are concerned about the environment
- proposed
 - a committee of cottage associations, consulting firm reps and district/town councillors be established
 - this committee’s report be included in the mitigation assessment presentation to the MECP
 - no bins be removed without a viable solution.

To view Robert’s full deposition click [here](#).

Robert's Deposition and Proposals had little impact on the meeting other than to show the KLRA's concern that water-access cottagers practical, reasonable alternatives. Since then we have been working with the Muskoka Lakes Association to ensure a united and strong voice on behalf of all cottagers without waste pickup. We are in regular communication with District of Muskoka staff and receive all their reports presented to District’s committee and council. We have and will continue to lobby/speak with Gravenhurst’s politicians to ensure they speak on our behalf. We have and will continue to attend relevant committee and council meetings to ensure we monitor all discussions and decisions about bins.

You will shortly be receiving a Kahshe-specific survey which the District has requested we share with them as they believe it will help them come up with solutions specific to Kahshe Lake. Please complete the survey when you receive it, especially if you are water-access. We have invited all the major players involved in the *Bin Transition Plan* to be at our AGM on Saturday, July 11, 2020 at 10 a.m. at the Gravenhurst Opera House. Already confirmed are: District of Muskoka Council Chair John Klinck; Director of Waste Management and Environmental Services for the District of Muskoka Stephanie Mack; Gravenhurst Mayor Paul Kelly and Gravenhurst Councillor Terry Pilger. Invited but unconfirmed as of press time: MPP Norm Miller, Gravenhurst Councillor Steven Klinck; Gravenhurst Councillor and sitting member of the District’s Public Works Committee Heidi Lorenz.

Note: Anyone can attend the AGM, but you must be a member to vote on any issues. If you aren’t a member, click [here](#) to join. We will continue to notify all KLRA members via e-blasts of any and all decisions and notifications regarding Muskoka’s *Bins Transition Plan*.

WATER QUALITY: WHY “GOOD ENOUGH” MAY NO LONGER BE GOOD ENOUGH

By: Ron Pearson, KLRA Lake Steward



Diana Leshuk

As I write this, the lake is frozen, snow covered and looks pristine. However, as anyone who experienced the unpleasant odour on Kahshe last August knows, pristine was not a word to describe our precious treasure.

So...what happened and is there anything we can do to ensure it doesn't happen again?

Let's start at the beginning. All lakes contain thousands of algal species, so their presence is not unusual. In fact, algae are critical to the life of a lake! They are the base of the food chain, converting nutrients to organic matter (food) and oxygenating the water. It's as simple as this: no algae - no fish.

However, in warm, slow moving water with growth stimulating nutrients like phosphorus and nitrogen, they can grow quickly, forming colonies, mats and blooms. Some of these floating masses then clump together on the surface or attach to shoreline rocks and other structures.

When conditions like this exist, and when water levels are normally lower towards the end of the season, the algae attached to shoreline rocks die and decompose, generating odours like those we experienced around Labour Day 2019.

Typically, the culprit is a filamentous green algae (*Cladophora*). However, there are several other species that may have contributed. The good news is that there are no health impacts related to the odours we experienced. Secondly, we did not experience a bloom of the toxic blue-green algae, as this would have triggered health-based actions to limit contact (swimming/bathing) and consumption.

With that said, let's look at our water chemistry and see if there are any signs of deteriorating

quality. If you take a look at the 38-year phosphorus and nitrogen level trends (1981–2018), we appear to be in great shape, as phosphorus, the main nutrient promoting algal growth and bloom development has remained very low on Kahshe, and even appears to be decreasing slightly. The phosphorus levels on Bass Lake are about twice the levels in Kahshe, but again, there is no evidence of increasing concentrations.

So what's happening and where do we go from here?

From my perspective, this means that "good enough" in terms of water quality may no longer be good enough. A changing climate and gradual increase in water temperatures (that we have no control over), our focus must shift to reducing nutrient levels.

It's not complicated. The three contributors to nutrient loading where we can make a difference include:

- **pumping out and having our septic systems (tanks/leaching beds) inspected on a regular basis;**
- **managing our shorelines to keep them as natural and as vegetated as possible to minimize soil erosion directly into the lake, and;**
- **completely avoiding the use of phosphorus or nitrogen fertilizers on any existing lawns, gardens or flower beds in the vicinity of the shoreline.**

Hopefully, we're past the point of asking property owners not to bathe in the lake or use phosphate-rich cleaners to scrub their boats. With cottage rentals increasing, this is something guests with no vested interest in the health of the lake must be made aware of.

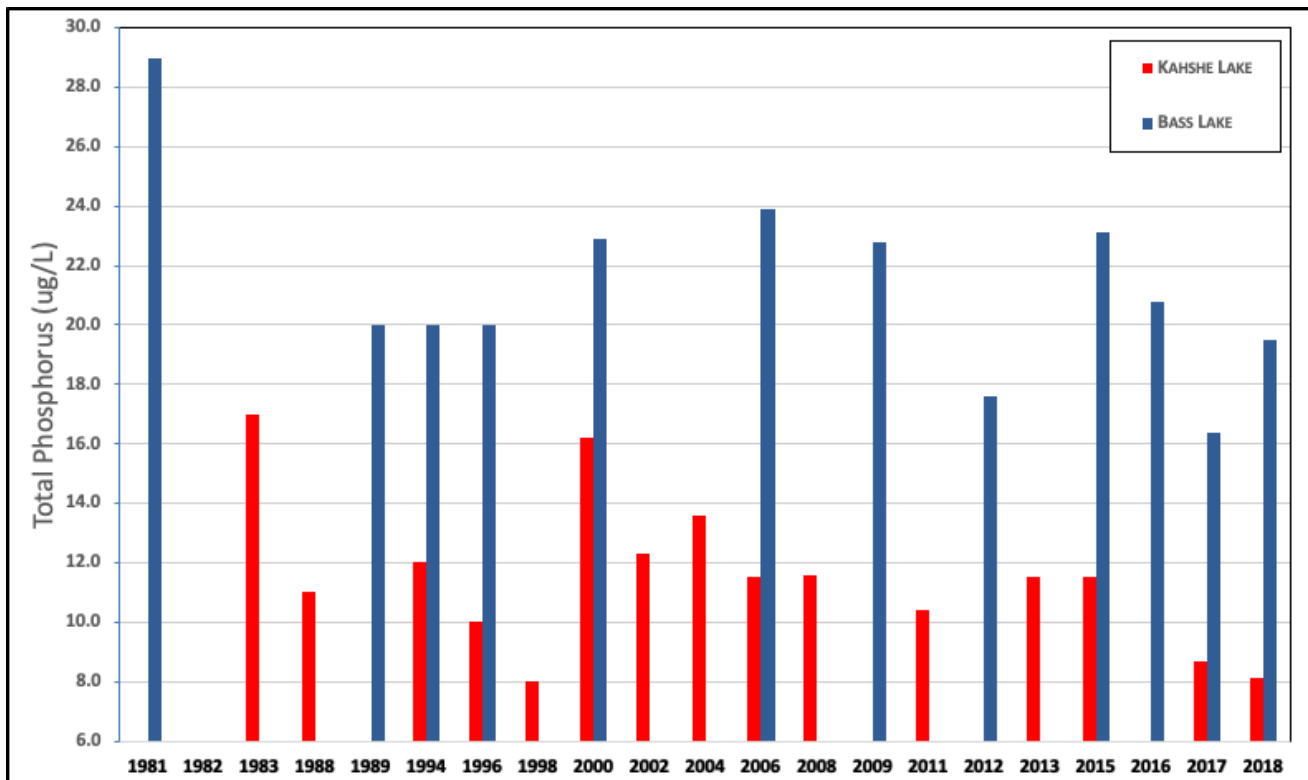
In the case of septic systems, it would be easy to just let the Town of Gravenhurst do their septic inspections every five years and rely on that program to protect us. However, it's not clear this status quo approach will be good enough going forward.

The Town informed the KLRA that their septic inspections would be carried out in 2019. However, that has now been pushed back to 2020. While credit is due to the Town program for hiring a summer student to undertake these inspections, there is little likelihood they will be able to inspect all 600+ road and water access properties on the lake over a student semester time period. Since they don't release the findings of their inspection program, they have provided me with the list of things they look for. We know our properties better than anyone else, so there is nothing preventing us from implementing a self-inspection program. I'm not going to go into detail on how this can be done, but I will prepare a guidance list for inclusion in the spring Krier, when it's fresh in mind. **(cont'd)**

The "Love-Your-Lake" program in which the KLRA supported in 2019, will provide property owners with actions specific to their own shorelines that will reduce nutrient loading, but only if implemented.

Will any of these actions give us 100% protection from the onset of an algal bloom or related odour problem? Unfortunately, no, but these are things we can and must do to minimize the risks as we move into the next decade.

Total Spring Phosphorus Concentrations in Kahshe and Bass Lakes 1981 - 2018





SAVING SKINKS

By: Jenn LeMesurier, Ecologist, RiverStone Environmental Solutions Inc., which has received funding as part of the Species at Risk Stewardship Fund that is offered through the Ontario Ministry of Environment, Conservation and Parks.

Skinks are at risk! Let's do what we can to save them...wait, what's a Skink? The Common Five-lined Skink, an Ontario Species at Risk, is found in rock barren environments at the southern edge of Muskoka - Skinks in this area are known as the "Southern Shield" population. Common Five-lined Skinks are the only lizards native to Ontario and are not often seen due to their quick nature and ability to camouflage. Juveniles and some adults can be readily identified by five cream coloured stripes that extend the length of their green-black bodies, although the species becomes more uniformly bronze with age. Hatchlings and juveniles have bright blue tails. Skinks can grow up to 21 cm in length and while similar in body shape to salamanders, they have scales and claws which set them apart.

Skinks in Muskoka are typically found in forest openings, specifically large rocky outcrops, seeking shelter under rocks or tree stumps. Females typically lay between 8-10 eggs in the early summer in a nest under cover (e.g. rotting log). They will leave their nest to bask in the sun, and then return to the nest and use their bodies to warm their eggs which hatch in the late summer. Hatchlings are about 3 cm in length.

On cool summer mornings, it's possible to find Skinks basking in the sun, but most often they are found hiding under cover. They typically hunt in the leaf litter and can even climb trees to escape predators! The really neat adaptation that Five-lined Skinks have is their bright blue tail which can break off if grabbed by a predator. When the tail breaks, it will thrash about for a few seconds which distracts the predator just long enough for the Skink to escape. Although

a new tail will grow back with time, the Skink will have lost much of the fat reserves on which it relies to survive hibernation in the winter.

The biggest threats to Skinks in Ontario are the loss and disturbance of habitat caused by development and population increase in cottage country.

- The removal of cover objects has been observed particularly in the Southern Shield population as rocks are disturbed in high traffic natural areas and woody debris is removed for firewood.
- Removal of these objects during nesting season has also shown to have a negative effect on nesting success while females are brooding their eggs.
- Illegal collecting for pets, traffic mortality and increased predation all pose significant threats to Five-lined Skinks in Ontario.

So, what can you do?

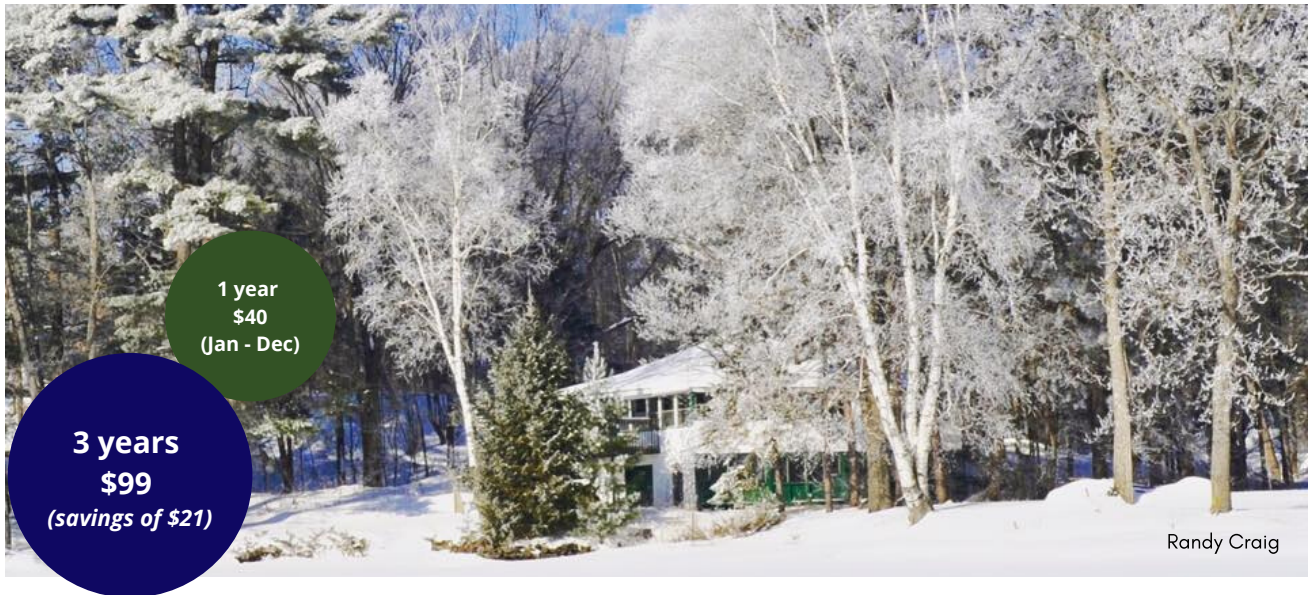
- Protect rock barren habitat of Five-lined Skinks, by helping to keep development out of and by limiting disturbance of these sensitive areas. This is crucial to help the species thrive.
- Maintain cover objects like rocks and logs that Skinks use for refuge. This is one of the simplest things to do. When you're spending time outdoors, remember that we need to respect the need for wildlife to have space in nature.
- Do not build inukshuks along hiking trails.
- Keep your pets on a leash.
- Maintain natural habitat areas around your own property.
- Create habitat for Five-lined Skinks on your own property by using cover boards or leaving brush piles for use.
- Do not disturb known nesting sites.

If you are interested in recording your wildlife sightings, you could set up a profile on the iNaturalist app to take photos and notes on the species you come across while out exploring – including Five-lined Skink! The data collected using this application is used by citizen scientists and environmental professionals alike. If you're lucky enough to get a photo of a Five-lined Skink, be sure to share the sighting. After all, education about and awareness of this species is important in helping them thrive!



KLRA MEMBERS HAVE BENEFITS

By: John Kuropatwa, Chair: Comm, Outreach and Membership Committee



KLRA is a vibrant organization that has earned the respect of many people and other organizations. Besides the many activities that we organize, we are a strong advocate for our lake. We work to protect and enhance all aspects of the quality of life on Kahshe and Bass Lakes; their immediate surroundings; and provide representation for the membership to municipal and government bodies.

Your continued support makes our voice stronger! You have hopefully read about our current campaigns in the areas of waste management and water quality. We need your ongoing support and one way you can do this, is to either purchase or renew your KLRA membership immediately. **Our current membership is 342 voting members. Help us reach our goal of 400 members this year!**

KLRA Member Benefits:

- **safety:** the rock markers are expensive to purchase and maintain, and benefit everyone on the lake year round;
- **events:** the picnic, fishing derby and regatta all add to the Kahshe experience;
- **discounts:** the items at the Kahshe Boutique are even better value with your member discount, which in the end, gives back to the lake.

If you are due for renewal, you should have received an e-mail from us. It can be easy to put things off, but we urge you to complete this vital task. If you are not yet a KLRA member and are reading this newsletter, please consider joining us. Details can be found on our website at www.kahshelake.ca. Click "Membership" and you will be guided through the process.



Theresa Pritchard

KAHSHE BOUTIQUE 2020 PLANS

By: John Kuropatwa, Chair: Comm, Outreach and Membership Committee

After a record-breaking year, plans are underway for another successful boutique this year. My wife, Joan, and I have managed the boutique and seen its growth from inception to its present format. We have been assisted by a keen group of volunteers and the boutique has become a focal point for KLRA activities over the summer. Joan and I will be stepping back from our active role this summer.

We are pleased to announce that Leslie Pinard will be taking over as the boutique manager, effective January 1, 2020. Leslie has some great ideas for the future of the boutique and invites everyone to drop by the boutique during all major lake events. Look for our first set-up at the annual general meeting on July 11th, 2020!

The KLRA Board thanks them for their hard work over the last six years and recognize all that they have done for the Lake.

YOUR PHOTO HERE



Randy Craig

**Please
contact
Keith Price
for pricing!**



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KLRA HOUSEYS RAPIDS PICNIC

By: Gord Robinson, Picnic Convenor

The KLRA Houseys Rapids Picnic will be on Saturday, July 18th this year. Mark your calendars now, because it's going to be better and busier than ever: the wildly popular cardboard boat build'n' race is back; as well as the battle-of-the-sexes tug o' war, the wet and wild bucket brigade, the beachball volleyball tourney, the hotly contested horseshoe tournament and plenty of games and races for the kids.

New this year: sand castle building competition, and of course the fabulous lucky draw at the end of the day. Hotdogs/sausages and something to drink are free to KLRA members, so you won't go hungry! Otherwise you can buy a food ticket (\$2.50 each). Now that's a deal!

You'll meet the neighbours! Make and meet new friends on the lake - of any age! Contact cards are going to be available at the welcome desk for anyone who forgot their cellphone and wants to start booking those play dates right away.

You won't get rained on as we've ordered up another fabulous day of weather.

See you all at Bass Lake Park on July 18, 2020!



PHOTOS, PHOTOS, WE LOVE KAH SHE PHOTOS!

By: Clare Henderson, KLRA Website

Our 2019 photo contest was a great success, with over 125 entries. Our judges commented on the high calibre of the pictures and how difficult it was to select the winners, which were announced at the Kahshe Craft Show in August. Copies of all entries were also on display and proved to be a very popular site. All winners received framed copies of their photos as well as a prize from the boutique. Why not be part of the 2020 show? Just grab your camera or cell phone and start taking photos now. For details, be sure to check our website.

Closing time for entries is 4:00 pm ET on July 24, 2020.



By: Judy Ring, Owner Rockhaven

The 2019 KAHshe Country Crafts Show and Sale was a great success raising and donating \$3,000!

The Gravenhurst YMCA received \$1,500, which will be allocated to The Simcoe/Muskoka Youth Leadership Program and Youth Mental Health Initiatives. The Gravenhurst Firefighters' Association also received \$1,500 to go towards their membership fees. Our volunteer firefighters manned the food booth while answering inquiries from the public.

We have some super food sponsors; Gravenhurst Giant Tiger (hot dogs and buns) Shelby's Chip Wagon (sausages) and Muskoka Springs (water). Sharon McKenzie and Dianne Nicholson have been doing an excellent job recruiting new and old craft vendors for the past and future shows. We can not forget Judy Henderson for her energetic organization of the book and bake sale. This year Jane Lundy was a great help to Judy. *Please save your used books for 2020 KAHshe Country Crafts Show and Sale, as we can always use more. Also please donate to the bake sale, goodies are always in high demand.*

The show needs volunteers – young, middle aged, or older, whatever you can do, physical or not, for as much time as you can – minutes, hours, or days. Student volunteer hours will be honoured.

To date the show has raised and donated over \$100,000 to local organizations. Please save the date for the next Craft Show, August 2nd, 2020 from 10am to 3pm.



UPCOMING OPERA HOUSE EVENTS

THE FLY FISHER'S COMPANION

June 24th to July 17th

A comedy by Michael Melski

CITRONELLA: THE MUSICAL

July 29th to August 28th

Written and Directed by Autumn Smith

Original Muskoka Summer Theatre Pantomime Production

HURRY HARD

September 9th to Oct 1st

A comedy by Kristen Da Silva

PRICING

Regular Admission: \$36

Gravenhurst Taxpayers:
\$30 (proof needed)

Group Admission: \$32

Student: \$10

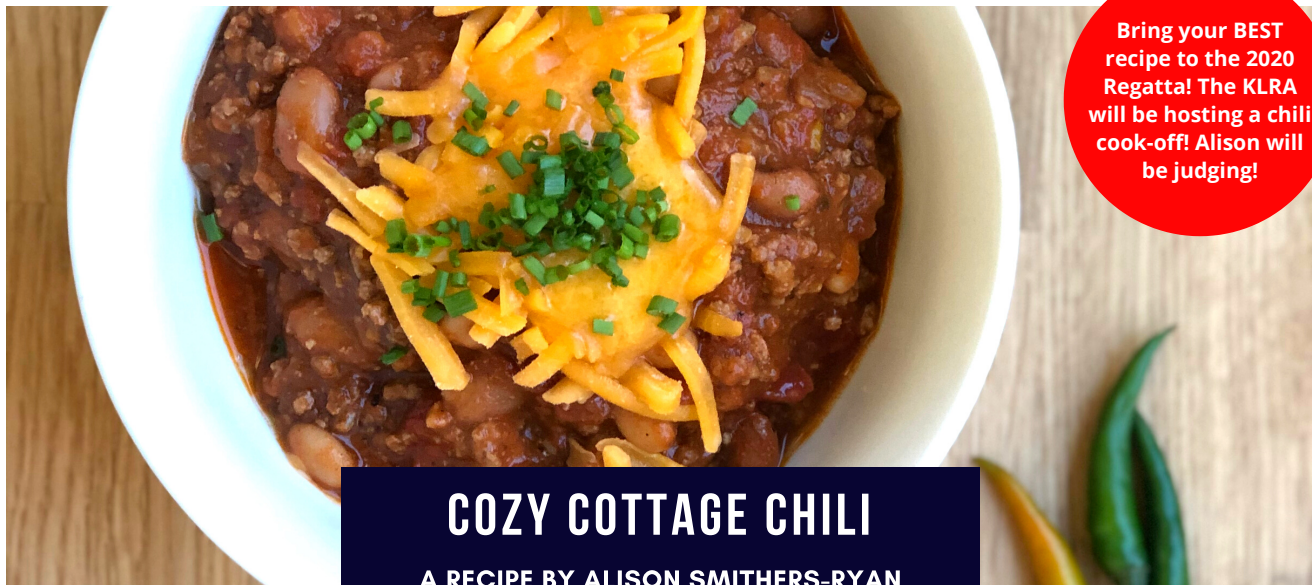
*For further information about concerts and Flex-Packs contact:
Box Office at 705-687-5550 or 1-888-495-8888.*

THE KAHSHE KRIER

THE COTTAGE COOKBOOK

*Practical recipes and meal plans for year-round
enjoyment at the cottage.*

SHARE YOUR FAVOURITE COTTAGE RECIPES,
SUBMIT TO KEITHONKAHSHE@BELL.NET.



COZY COTTAGE CHILI

A RECIPE BY ALISON SMITHERS-RYAN

TOOLS:

- chefs knife
- cutting board
- large pot
- wooden spoon
- can opener
- measuring cups
- measuring spoons
- garlic press/microplane

INGREDIENTS:

- 500g - lean ground beef
- 3-4 large - garlic cloves
- 1 can (540 ml) - mixed beans
- 1 can (398 ml) - diced tomatoes
- 1 unit (medium sized) - bell pepper (any colour)
- 1 unit (medium sized) - yellow cooking onion
- 2 tbsp - smokey chili powder (or your favourite chili powder)
- 2 tbsp - tomato paste
- 1 unit - thai red chili (optional, for added heat*)
- olive oil
- kosher salt and fresh ground pepper

TOPPINGS:

- shredded cheddar cheese
- (old for best flavour)
- avocado chunks
- sour cream
- chives
- toasted baguette
- garlic bread
- large corn tortillas
- greek yogurt

DIRECTIONS:

Servings: 4-6 people

Prep Veggies

- Using a garlic press or microplane, mince the garlic.
- Small dice the onion.
- Medium dice the bell pepper.

Cook Beef and Veggies

- Heat a large pot over medium-high heat. When hot, add 1 tbsp oil and the ground beef. Cook, breaking up beef, until browned, 5-6 min.
- Add the onions, peppers and garlic. Cook, stirring often, until the onions soften and garlic is fragrant, 3-4 min.

Cook Chili

- Add the smoky chili powder and tomato paste. Cook, stirring often, until fragrant, 1-2 min. Season with salt and pepper.

- Reduce the heat to medium. Add the mixed beans, diced tomatoes and 1 cup water. Stir together and bring to a boil.
- Once boiling, reduce the heat to medium-low. Simmer, stirring occasionally, until thickened,*** 20-30 min. Season and pepper.

Serve

- Divide the cozy cottage chili between bowls and top with desired toppings. Enjoy snuggled up by a warm fire with family and friends!

**If using, in Step 1 small dice (removing seeds if desired - also recommended to use kitchen gloves when preparing). In Step 2, add at the same time as onions, peppers and garlic.*

**These are all suggestions and not recommended to use all for serving! Suggest picking 2-3 from what is listed.*

****You might need to adjust heat depending on your stove top. The goal is to have the chili simmering (gentle small boil) not rapid boiling.*

KLRA BOARD OF DIRECTORS & SUPPORT TEAM

MARG TAYLOR
PRESIDENT

mt485848@gmail.com
647.998.4858



The family cottage on Kahshe Lake has been my happy summer place since childhood and has given me so much to remember; crossing the swamp near Dennes Marina on logs, portaging into Three-Mile Lake; swimming; skiing; working at Wigwam Lodge. I'm lucky to have spent so much time here and happily, so have my children, and now grandchildren. Kahshe is a fabulous lake. I joined the board 10 years ago, and as your new President, I urge you to enjoy this lake and help the KLRA keep it healthy and safe for all.

APRIL DRANE
VICE PRESIDENT

aprilgadsbydrane@sympatico.ca
705.684.9087



I was introduced to Kahshe lake by dear friends 25 years ago. They said, "buy" a water access cottage so we can see more of each other. So, 18 years ago I purchased a small 50s cottage in Deep Bay that offers gorgeous sunsets and named it "Aloha." Since then, I have met so many people who are so generous with their time to help make Kahshe a safe and enjoyable place to make lifetime memories. It is a pleasure to work with so many KLRA volunteers, I do whatever I can to help and I plan to do more.

STEVE WILD
PAST PRESIDENT

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Even though I grew up in Montreal, I have been a life long Kahshe Laker; a part of the KLRA board for over 10 years. I have had various roles from the Regatta, Beach Committee to President. My cottage is one of the Kahshe Lake's classics, the 110-yr-old "Twin Cottage," and has been in my family for over 90 years. I have taken stewardship of our cottage to preserve for future generations. I work in the Hi-Tech industry and split my time between Dallas, Toronto, and Muskoka and I am a passionate sailor.

MICHELE PHILLIPPE
SECRETARY

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My family has been on the lake since the 1920s and I currently have a cottage in Grant's Bay. I have been on the KLRA board for three years and have been secretary for the last two years. My love of Kahshe Lake spans four generations and I believe it is important for us to do what we can to keep the lake beautiful.

KEITH PRICE
EDITOR, KAHSHE KRIER

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Anne and I first came to Kahshe in 1978, bought a piece of land at the very eastern end of Deep Bay in 1980 and began building in 1981. I became involved with the Houseys Rapids Lake Residents' Association, and served as Secretary and then President for several years before the Association merged with the KLRA. I became a member of the KLRA, joining the Board in 2004 and became Editor in 2009. I ran the Houseys Rapids Picnic for almost 20 years until 2017. Anne and I are both retired high school French teachers and are new grandparents to two granddaughters.

BOB REYBURN - CHAIR, CONSERVATION CMTE, TOWN & DISTRICT LIAISON

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My wife, Donna Sutherland, and I live full-time on Bell Road directly north of Cherokee Island. Donna has been cottaging on the lake her whole life, when her dad first acquired property in 1938. You may see us paddling outrigger canoes, but no longer as training for Dragon Boat racing (which I've represented Canada at a couple of World Dragon Boat Championships.) I've been a KLRA Board member since 2010.

**JOHN KUROPATWA - CHAIR, COMM,
OUTREACH & MEMBERSHIP CMTE**

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I've been a cottager for over 50 years, enjoying life at our cottage on S. Kahshe Lake Rd. which has been in my wife, Joan's family since the '40s. With the arrival of our grandson, there have been five generations of our family at the lake. I joined the board 10 years ago, in order to contribute to the lake community and support the wonderful work done by the KLRA. I have chaired the Communication, Outreach & Membership Committee from its inception. Over the last few years, you may have seen me at the KLRA Boutique. I am enthusiastic about our lake, our cottage and the people I get to meet.

**CLARE HENDERSON
WEBSITE, SUPPORT TEAM**

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I was asked to join the KLRA to decide on the feasibility of a lake plan in 2000. Subsequently, I served as secretary for the Lake Plan Committee, the Implementation Committee and the ongoing Conservation Committee. I collected and edited material for the two volumes of 'The Healing Waters of Kahshe Lake,' and currently maintain websites for additional cottage stories and old documents. I started the KLRA website and am currently Webmaster. George Lindsay, Cathy Dunphy and I initiated the Kahshe Photo Contest and I have administered it since 2010. I was awarded the Outstanding Volunteer Award in 2014.

**MARNIE CRYDERMAN
ROCK MARKER CMTE**

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My husband Keith and I purchased our cottage on Kahshe Lake in 2013 after visiting friends in Grant's Bay. We love having family and friends share this wonderful lake with us, so we regularly have lots of company. Our children enjoy spending time here with their friends as well. The architectural style of our cottage reminds me of my childhood, as it very much resembles my uncle's cottage that he built in the 1970s in Bancroft. I have been on the KLRA since 2018. We plan to spend many more years on Kahshe Lake!

**GREIG HOLDER
TREASURER**

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We bought our Kahshe castle in 2000. I joined the board soon after, having learned that the KLRA did important work (the Lake Plan had just been completed). Through the years I have enjoyed just about every board role, including a stint as president and I have been treasurer since 2013. Being involved in the KLRA has allowed me to meet many people in the Kahshe community I likely would not have known otherwise. Get involved yourself - it's fun and rewarding.

**HENRY KOWALEWSKI
CHAIR, WATER ACCESS CMTE**

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Lucy and I came to Kahshe in 1987, to a lot on the southwestern side of Boyd Island where we had a cottage shell built and did the rest ourselves. I have been on the board for approximately 13 years, beginning on and now Chair of the Water Access Committee, which voices the concerns of over 250 water access residents on the lake to the board, to the town, and to anyone else within earshot.

**MAUREEN SMITHERS
SOCIAL MEDIA, SUPPORT TEAM**

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I first landed at Kahshe over 30 years ago, when my then-boyfriend took me to his friend's cottage. The "Twin Cottages" quickly won my affection and have been an intricate part of my summers (and falls and springs AND winters) since then. I've been volunteering with the KLRA for three years, rebooting the FB page and Twitter accounts and other communication roles. I also took on organizing the Annual KLRA Regatta which is a highlight of my summers. My work world is comprised of editing, writing and working with non-profit organizations. Home is Collingwood and I can often be found snapping photos of "small-town" Ontario or walking the trails of the Blue Mountains.

MARLENE CLUNE
MEMBER-AT-LARGE

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I joined KLRA as a director in 2018. Family came to Kahshe Lake in the '20s and purchased land on North Kahshe Lake Road and a lot on the island in Klueys Bay. My husband Steve and I bought the family cottage in 2014 and with our children Ryan and Meghan, are enjoying the time we get to spend together at Kahshe. We are truly thankful for being part of such a wonderful community. Giving back is important to me and the KLRA allows me to contribute to a place I am very passionate about. I like to think that I am carrying on the spirit in which my dad (Ross Moores) was an active KLRA member and lake steward years ago.

SANDRA MOAD
MEMBER-AT-LARGE

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My grandparents came to Kahshe Lake in 1920 and I have been coming to the lake for approximately 70 years. I joined the KLRA as a Member-at-Large five years ago and volunteer at many of the events. I am now the representative for FOCA. My husband Toivo Madrus and I have helped run the fishing derby with Ken and Karen Long for almost a decade. I volunteer for the Gravenhurst Public Library at the weekly Farmers Market. I have also volunteered at the Salvation Army store and at the antique boat museum in Gravenhurst.

CATHY DUNPHY
MEMBER-AT-LARGE

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I joined the Board in 2008, and have been a Kahshe Lake aficionado since 1974 B.C. (before cottage) when my future husband, David, and I camped in my parents' tool shed in Deep Bay. South African-born, world-traveling David couldn't understand why sane Canadians would want to travel to the same place every summer weekend. Thirty years later, he was the one who pushed for me to buy the family cottage, indisputably the nastiest, cheapest shack on the lake (now held together by masking tape), and to plough money we don't have into fixing it up. He was egged on by our daughter, Nell, who loves the place as if it were her own, which, stock market notwithstanding, it someday will be.

JESSE MIRLOCCA
BEACH COMMITTEE, SUPPORT TEAM

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I've been on Kahshe Lake's north road for forty-two years. After my childhood cottage was sold, my identical twin brother, Jason and I, purchased the cottage next door to said cottage. My wife Jen, and two children Lennon and Mayzie, along with their cousins and grandparents, spend every weekend at Kahshe from Late April until early September. Since Kahshe Lake is all we know, I have volunteered to manage the care of Nagaya Beach. I encourage anyone to reach out to me if they would like to discuss an issue or idea regarding the beach. I look forward to improving Nagaya Beach to be the best yet!

RON PEARSON
LAKE STEWARD, SUPPORT TEAM

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 416.843.2805



Gail and I have been on Kahshe Lake since the mid-1980s and we purchased our own property across from Hilda Island in 1999. After many years of water access, we sold in 2017 and purchased on Oak Road. I joined the Board in 2011, and when the Lake Steward position opened up, I knew this was the job for me, as I could utilize my science education and environmental work experience with the Environment Ministry to preserve and enhance the environmental quality of the Lake. I am also Secretary of the Oak Road Cottagers' Association; a great opportunity to get to know our new neighbours. My love of landscape and wildlife photography has also enabled me to capture and share some of the natural beauty of the lake.

LAUREN A. KOENIG
NEWSLETTER, SUPPORT TEAM

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My personal connection with the lake started when I was baptized in the healing waters of Kahshe and I have personally been enjoying the family cottage every summer since I was two mos old. The Koenigs occupied the log cottage on the NE point of Boyd Is. when my grandparents bought said cottage from Mr. Laking in '61 (built circa '45). Then in '08, my parents bought the cottage. I initiated the Kahshe Lighthouse Rock Marker Fundraiser and have raised over \$12K for the lake since 2015. In 2019, I was awarded the Outstanding Volunteer Award, and digitized/redesigned the newsletter.



IN MEMORIAM

Helen Long
1925 - 2019

by: Peggy Long

Our beautiful Kahshe has lost another island friend. Helen Long passed peacefully on November 25, 2019, in Northern California, after having celebrated her 94th birthday this past October.

Helen was married to Dr. Kermit Long and together they built the large cottage on east Cherokee Island. Helen was an avid artist and today, many cottages house her beautiful paintings. She was also an awesome fisherwoman. She caught a 42" Muskie with no net which hung proudly above their two-story stone fireplace. Catching that big fish was no easy feat; it pulled their little fishing boat around for an hour and Kermit broke two oars hitting the fish!

Helen and Kermit had an extensive garden on Cherokee which consisted of a huge rhubarb patch which they shared with many other cottagers. Helen was also known to sing at many of the Kahshe church gatherings and "sings." She had a passion for cooking and baking and I bet many cottagers shared a great dinner at their large harvest pine table.

Helen and Kermit lived in Peoria, AZ during the warm winter months. She is survived by her three children and four step-children who called Helen their special Mom. Ken, Karen, and Peggy Long spent many years on Cherokee with Helen and their Dad Kermit in their own cottages. We know that the Healing Waters of Kahshe will heal all of Helen's family and friends.



IN MEMORIAM

Henry (Hank) Tuero

11.11.1919 – 12.2.2019

by: Victor Tolgyessy (Henry's grateful son-in-law)

WWII Royal Air Force veteran Henry "Hank" Tuero was a lifelong Kahshe Lake cottager. The family's original 1930s cottage on North Kahshe Lake Rd is a stone's throw from the community beach. The family still owns the cottage and it is currently in excellent hands!

Henry's family were cigar makers. They owned and operated Tuero Cigars when smoking was in fashion many years ago. The business started in Chicago in the 1910s, but later moved to Toronto after the notorious gangster, Al Capone, wanted "his cut." Henry's father and uncle were unwilling to "cough-it-up," so they moved north.

When making the trek to Kahshe, the car was filled with all the necessities to survive the early days of cottaging. The men brought pressed trousers, spare tires and plenty of cigars. The ladies brought sun hats, pleated skirts and low-heeled shoes. Back then, it was a minor miracle if the car made it to and from the cottage without a flat!

Henry served in northern England at an allied airfield where he operated the highly classified radar system. His airfield was bombed often and in typical English fashion the boys would place bets on when the Germans would strike next. During the war, cigarettes were currency and Henry sold his cigarette rations. With the proceeds he bought a very elegant set of dinnerware as a wedding present for a cottage bride. On a cold night in France Henry waived-down a moving train and bartered with the engineer for a few lumps of coal in exchange for his cigarettes.

He ran out of wooden furniture to burn including the cot he slept on! What Henry enjoyed most was working on his own cottage, whether adding a deck, digging out his basement, panelling the insides, or laying down cement. No child was allowed to go to the beach unless they spent time holding a hammer!

Henry would take a break from his own projects by walking up and down North Kahshe Lake Rd with his toolbox to visit family and friends to see what projects they were up to. The war generation had a strong work ethic and the smarts to fix or build anything. That legacy is alive and well in Henry's children, grandchildren, nephews and nieces. **(cont'd)**

The annual opening and closing of the cottage became a solemn ceremony demanding the family's attention to witness and absorb the entire process. We took it very seriously, especially the October "Draining-Of-The-Water" ritual. During his final days at Sunnybrook Hospital's veterans wing, Henry insisted we turn-off the water taps despite him having sold his cottage three years earlier.

Henry would often comment on his longevity and was grateful for the time he was given. He was born on "Armistice Day" and fittingly passed away on the 11th minute of the 11th hour. Nothing made Henry happier than going to the cottage! Peace be with you Henry!

Editor's Note: *Cathy Dunphy's article "Kahshe's Last Men Standing," can be found on the KLRA website > Newsletter Archives 2009 > Fall issue. Walter "Wally" Moore was the other "Last Men Standing." He died in 2017 and his In Memoriam piece can be found on the KLRA website > Newsletter Archives 2017 > Spring issue.*

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